
Corporate health management (CHM)

We care about your employees



What is corporate health management?

CHM is the systematic alignment and optimisation of health-relevant factors in the workplace. By adapting structures and processes within the company, CHM creates favourable conditions for employee health.

Corporate health management can be divided into three key areas:

- Health promotion and prevention
- Intervention/absence management
- Reintegration/case management

With so many conditions - including those affecting our mental health - taking a number of years to develop, the role of CHM is not only to prevent incapacity to work in the short term. The focus is also on the longer-term promotion of employee health. For the benefit of each and every employee, and for the company as a whole.



CHM is particularly effective when appropriate measures are systematically planned, implemented and evaluated, and optimised on an ongoing basis. Prevention pays dividends. Not only does it improve performance and competitiveness, but prevention is also much cheaper than the costs of illness, accidents and fluctuation. The statistics on the matter are also clear: 2.6 fewer days of absence per year and employee thanks to CHM, 25% fewer stressed employees following implementation of CHM measures and a high return on investment on CHM expenditure.

Why corporate health management?

The figures are clear: 29% of employees feel exhausted, and 30% see stress outweighing their resources. 48% of disability pensions are the result of mental illness - and the phenomenon of stress costs employers in Switzerland around CHF 7.6 billion per year according to a study by Health Promotion Switzerland, Job Stress Index 2020.*



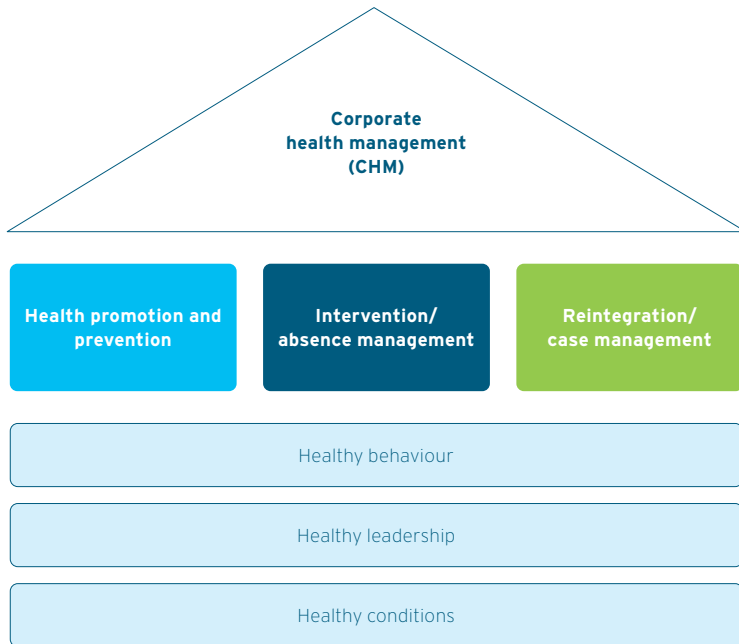
CHF 7,6 Mrd.

- Stress costs employers in Switzerland CHF 7.6 billion per year

Against this backdrop, it is clear that employee health is a highly valuable asset - healthy, productive and motivated employees are the basis for competitiveness and corporate success. It is important for employers to focus on ensuring the well-being of their employees, and corporate health management (CHM) is the key.

* Fact sheet, Job Stress Index 2020, indicators of stress among employees in Switzerland, published by: Health Promotion Switzerland

The corporate health management services offered by elipsLife



The CHM services offered by elipsLife are based on the three key areas of health promotion and prevention, intervention/absence management and reintegration/case management. The focus at all times is on operational conditions and the behaviour of employees and managers. We recommend an initial free consultation with an in-depth needs assessment as a basis for any further arrangements. This will enable targeted and effective measures to be defined, and CHM to be developed in a systematic approach.

Consulting

- Needs assessment
- CHM development
- Concept
- Employee survey
- Stress at work analysis
- Ergonomics/workplace analysis
- Case management plus

**Workshops,
courses and talks**

- Health and work
- Absence management
- Healthy leadership
- Return-to-work interviews
- Health circle
- etc.

**Benefit
management**

- Electronic claims notification
- Initial telephone assessment
- Active case management
- Assessment by field staff
- Prevention of insurance fraud
- Involvement of case management staff
- Medical assessment (doctors and external medical experts)
- etc.

**Case management
plus**

- HR consulting and coordination
- Direct supervision of the ill or injured person with the involvement of the social environment
- Coordination with insurance companies, official bodies, doctors and other service providers
- Annual evaluation including suggestions of suitable measures
- etc.

Why corporate health management with elipsLife?

Meaningful and relevant data

elipsLife bases its CHM measures on the evaluation of data it receives from the client, as well as on its own operational analyses and employee surveys. This results in a reliable set of data for taking the appropriate measures to achieve the client's CHM objectives.

Competent advice throughout

elipsLife offers comprehensive CHM from a single source - from corporate health promotion to individual case prevention and sustainable reintegration. This seamless approach helps to make life easier for the client.

On hand at all times

elipsLife bridges the gap between general prevention and support in the event of illness through its expertise in individual case prevention. The combination of general and individual case prevention is a particular feature offered by elipsLife.

Experience in providing support to management

elipsLife has long-standing experience in accompanying and supporting managers with employees who are experiencing illness. elipsLife is familiar with the problems that the affected employees face, as well as with the concerns of the companies.

Tailored, flexible and innovative

elipsLife's knowledge and experience in the field of CHM form the basis for solutions tailored to individual client needs.

Contact us for advice - the first consultation to evaluate your situation is free of charge. The CHM specialists at elipsLife will be happy to answer your questions!

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